



As soon as a person shows signs of a mental health problem they should be put into hospital

If I thought a friend had a mental health problem I would stay away from them

It is important for a person with a mental health problem to be part of a supportive community that includes family and friends

I have heard a person I know call someone names like 'nutter', 'psycho', 'loony'

If I thought a friend had a mental health problem I would want to help them

If I thought that I had a mental health problem I would talk to someone

People are born with mental health problems

Only certain kinds of people develop mental health problems

Using words like 'nutter', 'psycho', 'loony' is just a bit of fun. No-one gets hurt

Mental health problems only affect adults, not children and young people

If I thought that I had a mental health problem I would know how to get help