

**Anyone can have a mental health problem**

**I would be too embarrassed to tell anyone that I had a mental health problem**

**I would be happy to have someone with a mental health problem at my school or place of work**

**Mental health problems are not real illnesses in the same way that physical illnesses are; people with mental health problems should just 'pull themselves together'**

**People with mental health problems are likely to be violent**

**It's easy to spot someone with a mental health problem**

**Once you have a mental health problem you have it for life**

**Medication is the only treatment for mental health problems**

**Someone with a mental health problem should have the same right to a job as anyone else**

**I know someone who has experienced some kind of mental health problem**

**I would not want to live next door to someone with a mental health problem**

**Anyone with a history of mental health problems should be excluded from public office (e.g. from being Prime Minister or in the Government)**

**It's more important to spend National Health Service (NHS) money on treating physical conditions rather than mental health problems**